

EFFIP (e-support for Families & Friends of Individuals affected by Psychosis) Ground rules for RCT of COPe-support participants

- Access to the COPe-support resource is only open to eligible and consented participants.
- All participants have to keep their username and password confidential and safe at all times. Do not share these with anyone else.
- Detail about participation in the study is kept confidential – we will create a username for each participant that does not include their own real name, for their use.
- Don't post anything harassing, threatening, insulting, obscene, sexually-orientated, defamatory, invasive of privacy or in violation of any laws.
- Please remember, everyone is entitled to an opinion as long as it does not break these rules.
- Treat people with respect, sensitivity and support - do not risk upsetting vulnerable people, even if you think you are just being honest.
- No advertising - non-profit events or website notices may go on the Discussion Forum, but no commercial or copyright materials (such as papers or paintings/images) or research notices please. If in doubt, please contact the online facilitator for assistance.
- Advice from other EFFIP Project users is peer support only. Professional advice from qualified personnel, if relevant, is also provided by the resource.
- For your own sake, DO NOT share personal information such as your full name, email and postal address, phone number or other personally identifying information including recognisable photos of yourself. The EFFIP Project cannot take responsibility for the content or security of any communications that happen within and outside the resource platform.
- All participants should treat all content of discussion and sharing posted by fellow-participants as confidential, i.e. do not share these outside of the EFFIP online resource platform via any means. These include not chatting with others who are not part of the resource or posting these on other platforms.
- Please respect other participants' confidentiality – in case you know other participants or recognise them through their posts or other means, do not breach their confidentiality.
- Please respect the complete anonymity of your family, or your loved one who is affected by psychosis, and the service which is working with your loved one/family – please do not share any personal identifiable detail of any of them as they have not joined the study. For example, do not name your loved one, the GP, the mental health team or staff working in the team. You still can ask a question or post a discussion point by outlining some broad description and get some helpful information for yourself. Please see some examples and illustration below.
- Please note, we cannot remove individual posts by request of other user(s) unless they break the rules.
- The EFFIP Project will do as much as possible to provide a safe and secure online environment by moderating content every day, including removing inappropriate language or content - however we cannot remove the possibility that posts breaking these rules may be temporarily on the site.

Breaking these rules could mean temporary or permanent restrictions up to and including a full ban from the online resource.

Post your questions or viewpoint without giving any personal identifiable data

We provide some examples below to illustrate that you can post discussion freely on both our Peer-to-Peer and Ask the Experts forums, without compromising your own confidentiality or others' anonymity. Remember: post your questions/views with some broad description of details, without any personal identifiable data.

DON'T

I am Jackie ~~Smith~~. My son, ~~David~~, has been diagnosed with ~~schizophrenia~~ for 2 years. He has been under the care of ~~Wandsworth early intervention team~~. I am still shocked and sad about him getting unwell, but things are looking up.

I am concerned about the side effects my son David suffers. He'd been taking Clozapine ~~500mg for 2 years~~, originally prescribed by ~~Dr Smith of Wandsworth EIPS~~. But now ~~Dr Jones~~, the registrar, sees him. We wanted to discuss the side-

DO

My name is Jackie and I look after my son who has been unwell for 2 years. We live in South London and he has support from an early intervention team. I am still shocked and sad about him getting unwell, but things are looking up

I am concerned about the medication my son is taking. He's on Clozapine and has been on it for 2 years. It causes side effects. It has been difficult to talk through our concerns with the team, can someone advise